

# RE-THINK / RE-ACT

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RE-THINK / RE-ACT is an Erasmus+ funded project. The project started February 2022 and will be implemented until February 2024.

The Project focuses on the inclusion of secondary education students with difficulties in adaptation or behavior in the classroom due to lack of soft skills training. The aim of the project is to develop tools and resources for the schools that want to incorporate soft skills training into their teaching and curriculum.

Several studies and research have proven how soft skills and emotional intelligence are linked to social skills and life skills. The WHO emphasizes the fundamental role of schools in interventions aimed at improving self-esteem, life skills and prosocial behavior, since the lack of social skills and competencies hinders access to the labor market and increases significantly the probability of social exclusion. In this way, learning to manage emotions and, consequently, the behaviors derived from them, will mean an improvement in healthy lifestyle habits and, therefore, a greater adaptation to the educational and social environment.

This project, therefore, seeks to offer useful tools for educational centers in their process of detecting and incorporating efficient treatment and inclusion plans, as well as a true

coordination of the different educational agents involved. It also intends, thanks to its European dimension, to provide the best solutions and evaluate the proposals with the greatest impact at a local, national and international level, counting on partners from different countries such as Portugal, Cyprus, Finland and Spain,

whose work is carried out both in basic education, higher education and non-formal education, which will mean achieving a great impact at the level of all the agents of the different educational communities. With the help of several international multiplier events and other dissemination

strategies organized by RE-THINK / RE-ACT the results and intellectual outputs of the project will be presented to a public audience.

SOFT SKILLS  
ARE AN IMPORTANT PART  
OF OUR  
GENERAL LIFE  
& SOCIAL SKILLS



RE-THINK / RE-ACT will develop several intellectual products for the schools during the project. Specifically, the educational products that this project aims to implement are the following:

**1 The TOGETHER app (2Gapp)** supports the ecosystem of RT/RA results. 2Gapp will facilitate the coordination of the educational community with greater access to information. Through this app it will be possible to follow the progress of the students in real time and alerts will be established for the personalized and synchronized attention of said students. With this monitoring, the management teams will make strategic decisions about their centers and the improvement of inclusion. 2Gapp will be available in English, Spanish, Portuguese, Finnish and Greek.

**2 RFS (Rethinking for schools)** is an ideal digital tool based on extensive analysis, which will provide information to establish self-diagnosis areas for educational management teams and managers. RFS will evaluate each center and offer improvement paths, resources, strategies, success stories and good practices according to the RT/RA ecosystem. Evaluation tool will be available in English, Spanish, Portuguese, Finnish and Greek.

### RE-ACT WEBSITE

is a free and open e-learning platform for educational agents, and is an essential part of the RT/RA ecosystem. Its contents can be used both formally and independently by teachers interested in soft skills (resilience, critical thinking, commitment, flexibility, teamwork, growth mindset, constant and independent learning, creativity, decision-making based on data, digital skills) E-learning platform will be available in English, Spanish and Portuguese.

### YOU DO

is a free and open digital tool where the user will find blocks of interactive resources related to the ten keys of soft skills gradually and systematically. It is a digital resource with gamified interactive materials with a socializing component that facilitates self-knowledge through the reinforcement of skills related to emotional intelligence. YOU DO will be available in English, Spanish and Portuguese.

The project will be complete by February 2024 and will then be rolled out at local, regional, and national levels across the partner countries. Follow the progress of the project on our Social Media Channels.



@projectrethinkreact



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